

# 2023 CONFERENCE & TRADE SHOW

June 27-29, 2023
Coast Canmore Hotel and Conference Centre
511 Bow Valley Trail, Canmore, Alberta



## A Message from the Conference Chair

On behalf of the LGAA Board of Directors and our 2023 Conference Committee, I am pleased to invite you to attend our **2023 Conference & Trade Show** in the beautiful mountain town of Canmore, Alberta. This year's conference will be held on June 27-29, 2023 at the **Coast Canmore Hotel and Conference Centre** with a variety of pre-conference recreational activities on Monday, June 26.

We are excited to deliver a **new look and feel** for this year's conference. Following last year's conference, a survey showed us that members would like to see our conference change locations each year; and we heard you. The new location and timing of the 2023 Conference also allows us to take advantage of the summer weather and offer a variety of **new experiences including a golf tournament** at the stunning Silvertip Resort, **a scenic rafting tour, and hiking and walking adventures**.

In addition to these new features, the 2023 Conference will also offer an outstanding educational experience for municipal administrative professionals at any level and will include keynote addresses by **Pam August** and **Lisa "Longball" Vlooswyk**. Our program features your choice of **20+ education sessions** including:

- A leadership stream if you are looking to build your skills as a leader, and
- A technical stream if you are looking to grow your operational knowledge.

We know that networking is one of the key draws for our annual conference and we have made every effort to create **more opportunities for you to connect with your municipal peers** such as:

- Adding the golf tournament, rafting, and walking tours,
- Offering the new Dinner on the Town activity,
- Bringing the Trade Show back as part of the Conference, and
- Continuing some of our traditional sessions where you discuss the topics that matter to you.

We have also switched from hosting a banquet dinner to a dinner, entertainment, and networking function. The last night of the Conference will feature a variety of forms of entertainment including dueling pianos music, a mixologist workshop with Wild Life Distillery, competitive games, and a quiet space for people who want to connect with colleagues in a more private setting.

All of this has been made possible by the amazing work of our Conference Committee and our Board's commitment to growing interest in our annual conference. We look forward to creating an amazing experience for all delegates and I personally look forward to meeting many of you at the Conference this June.

Sincerely,

Melanie Samson

LGAA 1st Vice President and 2023 Conference Committee Chair



## Rates

Member\$525Non-member\$700Municipal intern\*\$130Extra banquet ticket\$70

Prices are exclusive of GST.

\*Available to first and second year members of Alberta Municipal Affairs' Municipal Internship Program.

Note: If you work for a municipality and have never been a member, you can sign up for a membership for only \$112.50, plus receive a \$100 credit towards the conference or other event.

## Where

Coast Canmore Hotel & Conference Centre 511 Bow Valley Trail Canmore, AB

## Accommodation

Our reduced rate room block at the Coast Canmore Hotel is sold out. Rooms may still be available at the Coast Canmore Hotel under the Government of Alberta rate (municipal employees qualify) or at the current market rate.

Alternatively, we have listed a variety of other accommodation providers that are located near the Coast Canmore Hotel and Conference Centre.

## **Register now**

We are thankful to Alberta Municipalities for their generous support as the official partner of LGAA's 2023 Conference & Trade Show.



# **Conference Program at a Glance**

## Monday, June 26 | Pre-Conference Activities

9:30 am – 3:00 pm	Golf Tournament at the Silvertip Resort*	
9:30 am – 12:00 pm	Hike of the Grassi Lakes Trail	(spouses/partners are welcome)
4:00 pm – 5:30 pm	Guided Rafting Tour of the Bow River*	(spouses/partners are welcome)
4:00 pm – 5:30 pm	Scavenger Hunt of Downtown Canmore	(spouses/partners are welcome)
6:00 pm – 9:00 pm	Conference registration open	
7:30 pm – 10:30 pm	Networking Meet and Greet Tank310 & Tap Room – Home of the Grizzly Paw Brewing Sponsored by GovernmentFrameworks.com	(spouses/partners are welcome) g Company

## Tuesday, June 27 | Day One

6:30 am – 7:30 am	Walk or Run With Your Peers (spouses/page)	artners are welcome)
8:00 am – 9:00 am	Breakfast and Registration Open	
9:00 am – 9:15 am	Welcome and Greetings	
9:15 am – 10:15 am	Opening Keynote: Pam August sponsored by Brownlee LLP	
10:15 am – 10:45 am	Refreshment and Networking Break sponsored by Hobson Chahal Advisory Group, CIBC	
10:45 am – 11:45 am	<ul><li>A1: High Performance Local Government</li><li>A2: Community Economic Development Trends and Tactics</li><li>A3: Harnessing the Power of Ideation Programs for Increased Employee Engagement</li></ul>	Public and
11:45 am – 12:30 pm	Lunch sponsored by Lidstone & Company	
12:30 pm – 1:30 pm	Annual General Meeting, Awards, and Board Elections	
1:30 pm – 3:00 pm	B1: What's Up In Your World? Less than 1,000 population B2: What's Up in Your World? 1,000 – 3,500 population B3: What's Up in Your World? 3,500 – 10,000 population B4: What's Up in Your World? 10,000+ population	
3:00 pm – 3:30 pm	Refreshment and Networking Break	
3:30 pm – 4:45 pm	President's Panel: Workplace Resiliency in Today's Environme	ent
6:00 pm – 8:30 pm	Dinner on the Town sponsored by Urban Systems (spouses/pa	artners are welcome)
8:00 pm – 11:00 pm	Hospitality suite sponsored by Lidstone & Company (spouses/pa	artners are welcome)

<sup>\*</sup>Separate registration required

## Wednesday, June 28 | Day Two

6:30 am – 7:30 am	Walk or Run With Your Peers	(spouses/partners are welcome)
8:00 am – 10:00 am	Breakfast and Trade Show	
10:00 am – 10:50 am	<ul> <li>C1: Be the Leader – Building Trust</li> <li>C2: Using External Resources to Build Capacity an</li> <li>C3: Building to Achieve Net-Zero – A Case Study of</li> <li>the Canmore Fire Station</li> <li>C4: Ask the Expert – Council Relations and Govern</li> </ul>	on the Design and Delivery of
11:05 am – 11:30 am	<ul><li>D1: Alberta Counsel: Funding the Future - Municip</li><li>D2: Canoe Procurement Group of Canada: The Ch</li><li>Municipal Workforce</li><li>D3: FortisAlberta: Partnering for Growth</li></ul>	
11:30 am – 1:25 pm	Lunch and Trade Show	
1:25 pm – 1:30 pm	Draw Prizes for the Trade Show	
1:45 pm – 4:15 pm	<ul><li>E1: The Burden on Leaders: Balance &amp; Boundaries</li><li>E2: Media Training for Local Government Administ</li><li>E3: Intermunicipal Collaboration and Negotiation: E</li><li>Learned</li><li>E4: Navigating the Challenges of Council Overread</li></ul>	trators  Best Practices, Lessons
6:00 pm – 11:00 pm	Dinner and Entertainment Sponsored by Alberta Municipalities	(spouses/partners are welcome)

## Thursday, June 29 | Day Three

6:30 am – 7:30 am	Walk or Run With Your Peers	(spouses/partners are welcome)
8:00 am - 9:00 am	Breakfast	
9:00 am – 9:10 am	Welcoming Remarks	
9:10 am – 9:30 am	Are You a Psychologically Safe Leader?	
9:30 am – 10:30 am	A Conversation with Alberta Municipal Affairs	
10:30 am – 10:45 am	Refreshment Break	
10:45 am – 11:45 am	Closing Keynote: Lisa "Longball" Vlooswyk	
11:45 am – 12:00 pm	Prize Draws and Closing Remarks	

## **Keynote Speakers**



### **Pam August**

Visionary, purpose-driven leaders recognize that there is untapped potential in their organizations. When this potential is left unrealized, it can lead to misalignment between an organization's external brand and internal culture. Pam August's high energy presentation will equip you with practical strategies to help activate potential, at home and work, for greater performance and impact.

Pam was the Director, Culture Activation at WestJet, where for 14 years, she was a fierce champion and developer of people and culture as a key enabler of strategic process. Today she is a trusted partner for high-performance organizations around the world through her consulting firm, Connecting Potential.

With a background in leading culture development and experience working with diverse organizations, August knows what it takes to uncover, align, and activate the best of what organizations already are and what they want to develop into. She brings deep insight and appreciation for what it takes to influence change and the energy and discipline it takes to see it through.



## Lisa "Longball" Vlooswyk

How can you stay at the top of your game and perform at the highest level, year after year? Eight-time National Long Drive Champion Lisa "Longball" Vlooswyk, went from being a high-handicap recreational golfer to a professional player that hits farther than most men.

Using valuable lessons from her experiences, Lisa will show you the keys to achieving peak performance that can be immediately implemented to create fast success.

Lisa was the first woman to hit a golf ball over three and a half NFL football fields and currently holds the Canadian Women's Long Drive Record at 350 yards, 2 feet, 2 inches.

When not teeing up, Lisa is a golf and travel journalist who writes regularly for several publications. She has also worked as a sports broadcaster for the Canadian Long Drive Series and has had her own column in *Golf Digest Canada* entitled "Ask Lisa Longball."

## Session Descriptions | Pre-Conference June 26

# 9:30 am – 3:00 pm | separate registration required Golf Tournament at Silvertip Resort



Enjoy 18-holes of golf and network with municipal administrators from around Alberta. This shotgun-style tournament will be held at the <u>Silvertip Resort</u>, one of the top-rated courses in Canada. Cost is \$125 for members or \$175 for non-members. Register now

## 9:30 am - 12:00 pm

#### **Hike of the Grassi Lakes Trail**

(spouses/partners are welcome)

Delegates and their spouses, partners, or families are invited to experience what Canmore is famous for—the great outdoors! Meet at the Coast Canmore Hotel and ride-share to the <u>Grassi Lakes trailhead</u> where you can connect with other delegates while immersing yourself in the scenery. This trail involves a 3.4 km scenic loop with limited elevation change, offering a great experience for beginners and more experienced hikers/walkers. If you are driving to the trail, you will need to have a valid <u>Kananaskis Conservation Pass</u> for that day.

## 4:00 pm – 5:30 pm

## **Guided Rafting Tour of the Bow River**



Participants will meet at the Canmore Public Boat Launch and be bussed back to the boat launch after the rafting tour. LGAA has secured a 15% discount for delegates meaning you only pay \$38.25 or for children 10 and under, the cost is \$21.25. This discount only applies to the 4:00pm tour on June 26 and is only open until June 1, 2023. Limited spots so register now!

## 4:00 pm - 5:30 pm

#### **Scavenger Hunt of Downtown Canmore**

(spouses/partners are welcome)

Want to take a free interactive walking tour in and around downtown Canmore while networking with other delegates? Here's how it will work:

- 1. Participants will download the Mystery Towns App to their smartphone.
- 2. Meet at the LGAA registration desk at the Coast Canmore Hotel at 4:00 p.m.
- 3. An LGAA representative will separate participants into teams of 2-5 people.
- 4. Clues will appear in the App and will guide you on a ~2.5 KM walking tour.
- 5. Your team must enter the correctly spelled answer to receive the next clue.
- 6. If you get stuck on a clue, ask the app for a hint to reach your destination.
- 7. Teams can try for a low score or take their time and stop for the sights and refreshments.

## 7:30 pm – 10:30 pm

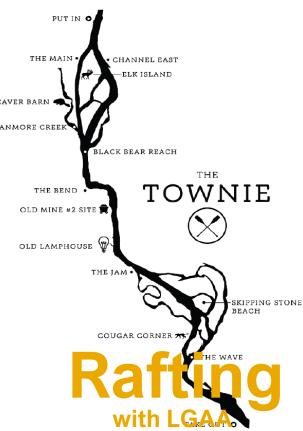
#### **Networking Meet and Greet**

Meet up with other delegates for a free drink and appetizers at Tank310 & Tap Room – home of the Grizzly Paw Brewing Company. This is located just a 1-minute walk cross the street from the conference centre. Free drink ticket is only available until 9:00 p.m.

(spouses/partners are welcome)







## Session Descriptions | Tuesday, June 27

#### 6:30 am - 7:30 am

#### Morning Walk or Run

(spouses/partners are welcome)

Kick the conference off with an early morning walk or run with other delegates. No sign up needed. Just meet at the LGAA registration desk at the Coast Canmore Hotel at 6:30 a.m. and take in some exercise and mountain views while connecting with other conference attendees.

#### 9:15 – 10:15 a.m.

**Keynote by Pam August --- Organizational Culture** and Individual Performance



## 10:45 - 11:45 a.m. | Concurrent Sessions A

#### **A1: High Performance Local Government**

This session will encourage you to put on your critical thinking hat and evaluate the services your municipality delivers and give you tools to make improvements. With audience participation, this session will explore the questions of:

- Is your municipality looking hard enough at the relevancy of your existing services?
- Has your municipality become complacent in its budgeting process and allocation of financial and people resources?
- Is your council or community ready to open a conversation about doing less?
- How can administrators help to increase trust in municipal government?

Speaker: Kelly Rudyk, President, It's Logical Strategic Planning Services

# esday

### **A2: Community Economic Development Trends and Tactics**

What does economic development look like in rural Alberta? It may not be realistic for every community to be able to attract major industrial developments so where should you focus your time, resources and attention? This session will look at best practices for community economic development that could be applied to your community, partnerships and how social economic development trends are starting to influence the work of economic development in building resilient and vibrant communities.

Speaker: Eleanor Miclette, Manager of Economic Development, Town of Canmore, and Immediate

Past President of Economic Developers Alberta

## A3: Maximizing Outcomes with Minimal Investment: Harnessing the Power of Ideation Programs for Increased Public and Employee Engagement

With increasing demands and limited budgets, finding engagement methods that resonate with our residents and internal teams can be challenging. This session will discuss how a good ideation program can foster ideas and solutions from residents and employees and elevate employee and public engagement projects at lower costs. It will highlight how ideation using technology can play a critical role in increasing public engagement beyond traditional surveys or townhalls or help to foster a culture of innovation by encouraging employees to share their ideas and collaborate with one another.

Speaker: Shay Sharma, CEO, Bluejarvis Technologies Inc.

Steven Sinclair, Strategic Innovation Analyst, City of Edmonton

## 11:45 am - 12:30 pm

**Lunch – sponsored by Lidstone & Company** 

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## 12:30 pm – 1:30 pm

## **Annual General Meeting**

The annual general meeting will involve a report on the 2022 year, awards, resolutions, and elections of board directors for the 2023-25 term.

## 1:30 pm – 3:00 pm | Concurrent Sessions B

## What's Up In Your World? Group Discussions by Size of Municipality

This session is one of the most highly rated aspects of our conference each year. Delegates will be split into groups based on the following:

- Less than 1,000 population
- 1,000 to 3,500 population
- 3,500 to 10,000 population
- 10,000+ population

Participants will then take part in moderated conversations on any topics of interest that impact municipal governments or municipal careers. Delegates can use this time to gain input from other municipal leaders and legal experts.

## 3:30 pm - 4:45 pm

## President's Panel: Workplace Resiliency in Today's Environment

This marks our third year of hosting a President's Panel, and like past years, this session will offer some thought-provoking insights from a panel of municipal leaders. This year's topic will focus on resiliency in the workplace. The discussion will cover a range of issues such as current expectations of employees, being nimble to respond to council's needs, and being prepared to respond to new challenges from other levels of government, the economy, and environment.

Speakers: Curtis Herzberg, CAO, Red Deer County

Therese Rogers, General Manager of Corporate Services, Town of Canmore

Melanie Samson, Recreation Services Manager, Town of Stony Plain

Jason Wallsmith, LGAA President and CAO, Municipal District of Acadia (moderator)

## 6:00 pm – 8:30 pm

### Dinner on the Town (pre-registration required)

(spouses/partners are welcome)

A new feature of this year's conference where we help you build your network by being matched up with 10-12 other delegates and enjoy a casual dinner at a local Canmore restaurant.



Here's how it will work:

- 1. When registering for the conference, pick your choice of restaurant from the list and we will reserve your seat (Note: participation is not required).
- 2. Meet at the LGAA registration desk at the Coast Canmore Hotel at the set time.
- 3. Depending on your restaurant, we will bus you to and from the Coast Canmore Hotel.
- 4. Enjoy a casual meal building relationships with other conference delegates.
- 5. Around 8:00 p.m., pay your bill and bus/walk back to the Coast Canmore Hotel to join the evening hospitality suite.

Restaurant	Type of Cuisine	<b>Average Cost of Main</b>	Menu
Blake	Burgers and more	\$25	<u>Menu</u>
Murrieta's	Seafood, meat, & pasta	\$30	<u>Menu</u>
Table Food + Drink	Seasonal Canadian	\$30	<u>Menu</u>
The Grande Kitchen + Bar	Classical French, Italian	\$27	<u>Menu</u>
The Sensory	Canadian/Local	\$36	<u>Menu</u>

NOTE: This meal is not covered as part of your conference registration. LGAA will cover the cost of bussing but the cost of your meal will be your personal responsibility.

## 8:00 pm – 11:00 pm

## **Hospitality Suite by Lidstone & Company**

Lidstone & Company will host a hospitality suite for delegates to connect and network.

(spouses/partners are welcome)

LIDSTONE & COMPANY

# Mednesday

# Session Descriptions | Wednesday, June 28

## 6:30 am - 7:30 am

### **Morning Walk or Run**

(spouses/partners are welcome)

Meet at the LGAA registration desk at the Coast Canmore Hotel at 6:30 a.m. and join other delegates who are interested in a walk or run before breakfast.

## 8:00 am - 10:00 am

#### **Trade Show and Breakfast**

Enjoy a hot breakfast, networking, and learn about the services offered by various organizations.

## 10:00 am - 10:50 am | Concurrent Sessions C

## C1: Be the Leader – Building Trust

Are you equipped to recognize and respond to today's unique workplace challenges? How are you managing your managers? Do you feel your boundaries are respected? Being an effective and respected leader has changed in recent years. Stressors have added complexities to managing people with unique challenges. Taking care of your team, balancing the demands of work to be done, and taking care of your own needs requires intention and strategy. This session will focus on:

- unpacking leadership versus management, vision casting, 3D's of leadership,
- know yourself: exploring bias, emotional intelligence, communication,
- know your team: active listening, empathy, be trauma-informed, and
- create better boundaries and respond to trespassers.

Speaker: Ruthann Weeks, CRS, Certified Psychological Health & Safety Advisor, Harmony In The Workplace Ltd.

## C2: Using External Resources to Build Capacity and Manage Transitions

Staff transitions are inevitable and often unpredictable. When these situations arise, how can municipalities effectively navigate the gaps in service delivery during the transition? External service providers are often engaged on a project-by-project basis. In 2020, Urban Systems established an alternate working arrangement with the Town of Didsbury involving short-term support for day-to-day planning and development activities and helping to build capacity in the organization's human capital.

This session will share the collective learnings over the three-year journey and highlight the successes and failures, focusing on the constant open, honest, and sometimes uncomfortable communication that guided the experience.

Speakers: Chris Ulmer, Community Consultant/Principal, Urban Systems

Becky Soby, Community Planner, Urban Systems

Ethan Gorner, CAO, Town of Didsbury

Wednesday

# C3: Building to Achieve Net-Zero: A Case Study on the Design and Delivery of the Canmore Fire Station

This spring, Canmore will reach a major milestone with the completion of its first zero carbon building. The concept plan for this new Fire Station was initiated in 2019 and will be completed under budget and ahead of schedule. As communities look to build new buildings and be more environmentally sustainable, municipalities can learn from Canmore's experience on how to integrate feasible sustainability benchmarks, access grant funding when possible, and achieve buy in from community partners and leadership. This session will touch on:

- how Canmore is taking action to support environmental sustainability,
- the benefits of parametric analysis to help make the right decisions,
- life cycle analysis to make value-based decisions, and
- lessons learned through the design process, construction, and supply chain issues.

Speakers: Lesley Bannister, Facilities Project Manager, Town of Canmore

Mike Woodland, Principal, METAFOR

## C4: Ask the Expert: Council Relations and Governance

Curious about building valuable relationships with council and setting expectations for good governance practices? Use this session to ask questions to an experienced panel who will offer their advice to help guide your approach to day-to-day interactions with council members and council and committee meetings.

Speakers: Todd Brand, Professional Registered Parliamentarian, Todd Brand Consulting

Carl McDonnell, McDonnell and Associates Consulting

## 11:05 am - 11:30 am | Concurrent Sessions D

This timeslot features sponsors who will demonstrate their respective products and services that support municipal governments.

## D1: Funding the Future: Alberta Counsel's Municipal Funding Program

A new offering from Alberta Counsel, the Municipal Funding Program provides full-service, fully integrated support in all areas of project funding. This is more than grant writing. The Program supports municipalities in everything from sourcing opportunities and grant writing to final reporting and stacking compliance. This session will outline the key features of the Program, highlight the direct and indirect benefits of working with our team, shares some success stories, and provides some initial strategies.



team, shares some success stories, and provides some initial strategies for reimagining how funding flows into your community.

# **D2: Canoe Procurement Group of Canada - The Changing Demographic of the Municipal Workforce**

As we return to a post Covid work world the demands from our current employees and prospective new employees have changed. Come join Canoe to learn about how municipalities across Canada are adjusting and how this is affecting everything from your employee benefits programs to changing operations to ensure that you organization remains an employer of choice in your communities.

## D3: FortisAlberta - Partnering for Growth

Join FortisAlberta for an overview of initiatives intended to support economic growth in the communities we serve. Some of the topics that will be covered are: The electrification of transportation and



FortisAlberta's new EV rate for public fast charging infrastructure and Residential Smart Charging Pilot, and Rate 41D for Small Connected Devices to support broadband adoption in the Province.

## 11:30 am - 1:30 pm

#### **Trade Show. Lunch. and Draw Prizes**

Return to the Trade Show for lunch, networking, and more time to connect with exhibitors to learn about the services they offer to support municipal governments. Make sure to stick around for your chance to win a draw prize from one of the Trade Show exhibitors.

## 1:45 pm – 4:15 pm | Concurrent Workshop Sessions E

These 2.5 hour sessions are designed to offer a deeper dive into pertinent issues where delegates can actively engage in the conversation and learn from each other.

### E1: The Burden on Leaders – Balance and Boundaries in Empathetic Leadership

This session will be an LGAA facilitated conversation on the challenges of leading a team in today's current work environment. There is a societal movement for organizations to offer more for employees such as more flexible scheduling, hybrid work-from-home policies, or pressure for managers to be more empathetic to an employee's personal and family needs. At the same time, some members report concerns about employee burnout due to pressure from council to do more with less. So how do you find the balance? This session will involve insight from guest speakers and interactive small group discussions to encourage knowledge-sharing so you can return to the office with ideas on how to manage the challenges of leading a municipal team.

Andrea Adams, Principal, The HR Hub Speakers:

Lisa Almond, Executive Director, Organizational Strategy & Culture, Town of Cochrane

Carl McDonnell, McDonnell and Associates Consulting

## **E2: Media Training for Local Government Administrators**

Media relations for local governments has shifted dramatically over recent years with different opportunities and challenges emerging for small, medium, and large municipalities across the province. This workshop will explore topics that bear an immediate impact on municipal organizations while preparing you for what's to come. Topics include:

- The shifting media landscape, including emerging trends in media and its impacts on local governments.
- How to build relationships with media and leverage the environment to your advantage,
- Bridging the gap between social media and traditional media, developing effective social media and media relations policies
- How to address misinformation/disinformation, and
- Preparing your senior leadership team and council to work with the media.

Speaker: Benjamin Proulx, President, Catalyst Communications Wednesday

## E3: Intermunicipal Collaboration and Negotiation – Best Practices, Lessons Learned

This session will involve a deep dive group discussion to explore a collective understanding and experience on intermunicipal collaboration as experienced through intermunicipal development plans (IDP) and intermunicipal collaboration framework (ICF) processes. The session will bring insights from Maven Strategy's experience teaching elected officials about Regional Collaboration and Partnerships through the Elected Officials Education Program and Maven Strategy's own experience supporting municipalities directly. The session will explore how to optimize intermunicipal relationships by discussing:

- Collaboration best practices,
- Common obstacles and pitfalls,
- Tools to support intermunicipal conflict, and
- Micro-skills to enhance interpersonal relations.

Speakers: Lauren Bartlette, Principal, Maven Strategy Stephanie Gagnon, Principal, Maven Strategy

## E4: Navigating the Challenges of Council Overreach

Sometimes, council members push into what is properly and legislatively the realm of the experts whom they hired to steward the municipality. This interactive workshop will help identify what overreach looks like, how it can be sensed before it becomes visible, and what can be done about it. Strategic Steps Inc. will speak to role clarity regarding council versus administrative responsibilities and offer advice on how to manage council overreach on a proactive and reactive basis. Participants will also be invited to share their approach for purposes of collective learning.

Speaker: Ian McCormack, President, Strategic Steps Inc.

## 6:00 pm - 11:00 pm

(spouses/partners are welcome with ticket purchase)

#### **Dinner and Entertainment**

This year, LGAA takes a new approach to the final night of our conference. The new experience will involve a sponsored bar, a buffet dinner, and multiple rooms featuring different forms of entertainment. The buffet dinner will open at 6:00 p.m. and our feature entertainer will be musical entertainment by the Calgary Dueling Pianos.

At the same time, you can enjoy other experiences such as:

- learn how to make a cocktail or mocktail through a 30-minute Mixologist Workshop by Wild Life Distillery,
- drop into the games room and challenge your peers to a fun competitive game, or
- take a seat in the quiet room where you can chat with colleagues in a quieter setting.

Sponsored by:



## Session Descriptions | Thursday, June 29

### 6:30 am - 7:30 am

## **Morning Walk or Run**

(spouses/partners are welcome)

Meet at the LGAA registration desk at the Coast Canmore Hotel at 6:30 a.m. and join other delegates who are interested in a walk or run before breakfast.

## 9:10 am - 9:30 am

## Are You a Psychologically Safe Leader?

Alberta employers are mandated to assess risks and hazards related to psychological health and safety and to prevent psychological harm, but most aren't sure where to start. Municipal leaders are responsible for recognizing and responding to psychosocial factors that are a liability and eliminating or controlling them. This short plenary address will:

- define psychological health and safety, and the legal framework,
- identify psychosocial factors where leadership has the most influence, and
- introduce a simple assessment to inspire growth in your organization.

Speaker: Ruthann Weeks, CRS, Certified Psychological Health & Safety Advisor

Harmony In The Workplace Ltd.

## 9:30 am - 10:30 am

## A Conversation with Alberta Muncipal Affairs

We continue the tradition of inviting our partners at Alberta Municipal Affairs to discuss issues and initiatives currently being led by the ministry. This year's session will be a moderated Q&A format where you can seek clarity on provincial policies and legislation and gain insights on the challenges that Municipal Affairs' staff envision for the future.

Speakers: Ethan Bayne, Assistant Deputy Minister, Municipal Assessment and Grants Division

Gary Sandberg, Assistant Deputy Minister, Municipal Services Division

#### 10:45 – 11:45 a.m.

**Keynote by Lisa Longball --- Investing in yourself so you can perform!** 



## What to do in Canmore

In addition to our scheduled programing, here is a list of other activities that may enhance your experience in Canmore.

- Visit the <u>Downtown Area</u> where you can find shopping, pubs, fine dining, and entertainment.
- Visit the Art Country Canada Canmore Gallery located at 729 Main Street
- Visit the Avens Gallery located at 101-710 Main Street
- Visit the Canmore Museum located at 902B 7<sup>th</sup> Avenue
- Visit the Canmore and Kananaskis tourist information center for more information on attractions and things to do in the Canmore town center and area.
- Alltrails list of best hiking trails in Canmore.

# **Bring Your Spouse/Partner**

We have designed this year's program to offer opportunities for spouses and partners to enjoy part of the conference experience including a June 28 meetup where spouses and partners can connect and participate in an activity of choice. Spouses and partners may attend the following:

June 26 (Pre-Conference)	<ul> <li>9:30 a.m. Hike of Grassi Lakes Trail</li> <li>4:00 p.m. Guided Rafting Tour of the Bow River*</li> <li>4:00 p.m. Scavenger Hunt of Downtown Canmore</li> </ul>
June 27 (Day 1)	<ul><li>6:30 a.m. Morning Walk or Run</li><li>6:00 p.m. Dinner on the Town (meal is at your own cost)*</li></ul>
June 28 (Day 2)	<ul> <li>6:30 a.m. Morning Walk or Run</li> <li>6:30 a.m. Karma Yoga for Municipal Leaders*</li> <li>10:00 a.m. Meetup for Partners/Spouses (optional)         <ul> <li>Meet at the LGAA registration table at the Coast Canmore Hotel</li> <li>LGAA will provide a variety of suggested activities and people can match up to participate in an activity of their choice.</li> </ul> </li> <li>6:00 p.m. Dinner and Entertainment Event (\$70 + GST - book when registering or contact us) tickets must be purchased by June 14*</li> </ul>
June 29 (Day 3)	6:30 a.m. Morning Walk or Run

<sup>\*</sup>Pre-registration required



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